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RAF LAKENHEATH, UK

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SECAF speaks

Leader talks to Airmen, shares future of Air Force

Airshow season

International airshows feature 48th FW jets

PLUS: Lakenheath SFS vs. Mildenhall SFS in softball  Absentee ballots



JET 48 Vol. 33 No. 28
Friday, July 21, 2006

**"Anywhere, Anytime ...
Whatever needs done."**

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AT A GLANCE

The Perfect Cheer

(Left to Right) Cheyanne Plewe, Briana Senter, Jade Snedeker and Mariyah Senter hold Brittany Fife over their heads during a cheer. The Tride Cherokees Senior Stunt Group, made up of girls from the RAF Lakenheath Youth Center participated in the 2006 Future International Dance and Cheer Championships and placed fourth in the junior stunt division.



Courtesy photo

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Last DUI:

☐ 3:50 a.m. July 1

Squadron:

☐ 48th Aircraft Maintenance Squadron

DUI condition: GREEN

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Courtesy of the 48th Fighter Wing Safety Office

ON THE COVER:

The Farnborough International Air Show opened Monday and offered spectators a view of many aircraft in the Department of Defense inventory including an F-15E Strike Eagle, F-15C Eagle, Navy F/A-18 Hornet, F-16 Falcon, C-17A Globemaster III, C-130J Hercules, V-22 Osprey and a UH-60 Black Hawk. Additionally, a B-1B Lancer performed a fly-by Tuesday.

(Photo by Airman 1st Class Michael Hess)

Letter to Airmen: Recognizing the Total Force

Congratulations! As a leader in the Total Force Integration the Air Force continues to benefit from one powerful, cohesive team formed by our Active Duty Airmen, Air National Guardsmen, and Air Force Reservists. In my travels around the Air Force, I see this synergy firsthand and realize our training and operations make it impossible to differentiate between the three components. Whether it is the C-17 landing in the combat zone or the mechanic working on F-16s in Vermont, the Total Force is making it happen.

We simply could not accomplish today's dynamic mission without the Total Force integration of our Guard, Reserve and Active Duty force. Gone are the "strategic reserve" days of the Guard and Reserve. Today, our total force sacrifices daily through extended deployments in the most challenging missions we have. As an integral part of this

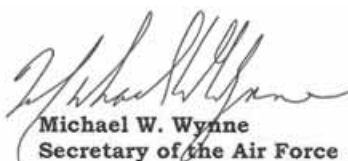
highly skilled team, the Guard and Reserve train to the same high standards set by our Active Duty, operate the latest equipment and participate in every mission across the spectrum of operations.

Our Active Duty, Guard and Reservists stand side by side in the fight in the Global War on Terrorism. Nowhere was this more apparent than in the recent airstrikes that killed the leader of Al-Qaeda in Iraq, Abu Al Zarqawi. In Balad, the 332nd Expeditionary Maintenance Squadron mirrors where our Air Force is going: an Active Duty Commander, an Air National Guardsman as Operations Officer, and a Reservist as First Sergeant. The collective efforts of Active, Guard and Reserve forces continue to yield tremendous successes for the Joint Team and our Nation.

So what does this mean for you, the individual Airman? First, this means that we have a healthy respect for those Total Force

Members that support our mission. Second, we need to adhere to the set standards, to ensure that as we assemble the total force we remain prepared to execute the assigned mission. Third, we need to use the diversity represented by the Total Force to continually look for better ways to accomplish our mission.

Total Force has moved from a future concept to today's reality. One team, one fight, with a shared, disciplined combat focus. The continued dedication and service of all Airmen — Active, Guard, and Reserve — make a grateful Nation proud. Thank you for all you do.



Michael W. Wynne
Secretary of the Air Force

USAFE continues transformation for future

BY GEN. TOM HOBBS

U.S. AIR FORCES IN EUROPE COMMANDER

RAMSTEIN AIR BASE, Germany — The U.S. Air Forces in Europe may be the oldest major command in the Air Force, but has been in a constant state of change since the end of the Cold War. Over the years, we have transformed into a lighter, leaner, and more lethal expeditionary force focused on ensuring freedom's future throughout the theater. As our transformation continues, our vision and mission have evolved to meet the challenges of our ever-changing climate.

USAFE has once again adapted to meet the needs of this changing climate by developing a new vision and mission that reflect our focus on interdependence, recapitalization and modernization, and taking care of our most important asset — our people. They will set a course for the command to not only fly, fight and win in air, space, and cyberspace, but also build teams to help us leverage the capabilities of our sister services, allies and coalition partners.

Our new vision states we are leading U.S. European Command's recognized expeditionary air component and enabling global mobility and strike, Area of Operations stability and security through the full spectrum interdependent exploitation of air, space and cyberspace. The context here is for all service leaders in our parent commands like EUCOM and USAF to value and recognize us as expeditionary, able to fulfill the operational demands of the entire spectrum of operations because we are experts at exploiting air, space and cyberspace.

While the vision encompasses our overall focus, our new mission addresses the specifics of delivering a full spectrum of options to the Combatant Commander, as well as taking on the mantle of joint and NATO coalition force leadership. Our Warfighting Headquarters would be that organization with that leadership. We are an Air Force at war, so we must be able to provide options like deploying our A-10s, civil engineers or

medical personnel downrange, or the 32nd Air Operations Center to Al Udeid, or moving our contingency response group to open a base or contributing to NATO's Response Force, in order to prosecute that conflict.

As we focus on providing the right capabilities to our Combatant Commander, we must also ensure that we have the most up-to-date weapons systems that facilitate intraservice interoperability to do so. The recapitalization of our aircraft is also critical to this. For example, acquiring aircraft like the C-130J and potentially the C-17 will help us meet the challenging demands of airlift in theater.

While recapitalization and modernization are critical, we must not forget that partnerships and coalition building are key to our success as a command. USAFE must continue to invest in Theater Security Cooperation to bolster our relationships with our allies and coalition partners. Our Theater Cooperation Teams must continue to promote regional stability through focused theater engagement in nations like Bulgaria, Romania, Niger, Ghana, South Africa, Algeria, and a variety of other countries. These teams are forging important partnerships that will inevitably advance the Global War on Terror and help prevent the development of terrorist networks.

Finally, our investment in our people cannot go unmentioned. Without our people, there would be no mission. Our most valuable resource is our Airmen who are the heart and soul of what we do, and we will continue to focus on quality of life issues to make sure their needs are met. We will also concentrate on programs like AFSO 21, which will help us make the right process changes to eliminate unnecessary effort, while continuing to take care of our Airmen during a very transformational time for our Air Force.

As the oldest major command in the Air Force, USAFE will continue to transform and create visions and missions that meet the needs of the current and future security climate. We will seek new ways to make the most efficient use of our equipment and people assets, while looking to the future to forge new partnerships and continue the fight for freedom's future.

Motorcycle safety important to individuals, teams

BY BRIG. GEN. ROBERT P. STEEL

48TH FIGHTER WING COMMANDER

In his second year in the National Football League, Ben Roethlisberger became the youngest quarterback to lead his team to the Super Bowl championship.

Four months later, the Pittsburgh Steeler was involved in a serious motorcycle accident that could have taken his life.

The quarterback was riding his motorcycle on an often traveled route one morning when he hit a four-wheel vehicle making a turn from the opposite direction.

Mr. Roethlisberger was not wearing a helmet and sustained multiple facial fractures to include his nose and jaw. He also suffered a 9-inch laceration to the back of his head, several lost and chipped teeth and minor knee injuries.

Now just weeks before the Steelers' summer training camp starts it's still unknown if one of their most pivotal players will be able to lead the team. By not wearing his helmet, Mr. Roethlisberger not only endangered his life, but let down his team.

Every member of a team is important; the loss of just one member puts a strain on remaining teammates and endangers the mission.

At Team Liberty we recently had a close call with losing a teammate. Just last week, a motorcycle wreck occurred when an Airman was traveling on a two lane road behind another vehicle. The vehicle in front of him turned left at an intersection and another vehicle turned right at the same intersection. The Airman was in the center of the road when he collided with the vehicle turning right. He broke his leg and had to undergo surgery because of the accident.

In addition, Team Liberty has three non-reportable motorcycle mishaps on the books since October 2005. A non-reportable mishap is an incident that does not result in loss of duty time. For example, recently an Airman was on his motorbike, in full personal protective gear and helmet, when he was hit by a car. Although he was knocked down, he sustained no injuries. Thanks to his training and following the Air Force rules for motorcyclists, he walked away from what could have been a fatal accident.

The UK transportation committee cites that while motorcycles account for only one percent of road traffic, they account for 17 percent of the deaths and serious injuries each year. Statistics also show the majority of motorcycle accidents are caused by vehicle drivers' inability to see motorcyclists on the road, as was the case

in the Liberty Wing Airman's crash last week.

With these statistics in mind, all drivers must learn and understand motorcycle safety. It only takes a couple of seconds when navigating turns to ensure the roadway is clear of all traffic. Doing this could save a life — possibly your own.

A note for our Liberty Wing motorcyclists: ensure your upper outer garments are contrasting colors. Wearing reflective gear during dark hours isn't an option — it's mandatory.

Also, the basic riders' course is available for new motorcycle owners or riders with little or no experience. In addition, our wing safety office offers a course for seasoned riders. All motorcycle riders assigned to U.S. Air Forces in Europe bases must attend one of these courses every three years.

Contact your unit motorcycle safety coordinator if you are uncertain about anything related to UK motorcycle driving regulations, or refer to the January 2006 Air Force Instruction 91-207 Supplement 1 for USAFE-specific requirements.

Although wearing his helmet may not have guaranteed Mr. Roethlisberger's safety, it definitely could have prevented some of his injuries.

Safety is everyone's responsibility, whether you ride on two, four or more wheels. Not only does your life depend on it, so does the team.

ACTION LINE



The Action Line is your direct link to me for complaints, suggestions or comments. It's not intended to replace the chain of command. When normal command agency channels haven't been able to resolve your concerns, call 226-2324, fax 226-5637, e-mail (Action.Line@lakenheath.af.mil), send through distribution (48 FW/PA), mail (48FW/PA, Unit 5210 Box 215 APO AE 09461-0215) or hand carry your Action Line to the public affairs office (Building 1085). You may remain anonymous; however, to receive a reply, please leave your name, unit, duty or home phone number and full APO mailing address. Names are confidential.

As both you and I know, the housing areas in and around the base are inspected weekly for proper garden maintenance - evaluating whether the grass is cut and the weeds pulled in a timely manner. My problem is the stretch of grass in front of every house on RAF Lakenheath that is the supposed responsibility of the grounds control contractors. Their cutting times are few and far between. Recently I have had to cut this area which someone else is contractually responsible for. However, when the remaining tenants do not cut the "patch" in front of their house, my cutting only makes it look more ridiculous. The tenants seem to do their fair share of the work in maintaining what they are responsible for, and the contractors are not.

It appears to me there is a double standard with the housing office. The housing office is most ready and willing to write a warning notice for the tenants not cutting their grass of responsibility, yet say nothing about the common areas not cut. My remedy is this: when the contract with grounds control is up for renewal, diminish it. Make the tenants responsible for all grounds in the immediate distance from their house. If not, I do not plan to accept any warning

notices from the housing office and will seek reimbursement for gasoline wasted on performing contracted work and for time and labor.

Thank you for your inquiry into grounds maintenance in family housing. I am very proud of our housing community and the hard work they put into maintaining the facilities and common grounds. I also, appreciate the hard work many residents put into their homes and gardens. Due to staffing challenges, there has been some delay between mowing cycles recently, resulting in excess grass growth. However, these issues have been addressed with the contractor, and mowing frequency should return to its normal cycle. Residents are responsible for maintaining their gardens to an acceptable standard by mowing, edging, raking and removing trash up to 50 feet from their quarters. We strive to ensure those areas outside of this zone are adequately maintained with the same care as the residents maintain theirs. Regardless of whether the resident or contractor is responsible for maintenance, by working together we can ensure consistency in making our housing areas look the best they possibly can.

REGISTER TO VOTE

*Absentee ballots
make it easy for
those overseas*

BY SENIOR AIRMAN WES AULDRIDGE

48TH FIGHTER WING PUBLIC AFFAIRS

As the 2006 elections move closer, Department of Defense employees are encouraged to exercise their right to vote. The elections for the U.S. House of Representatives and Senate as well as 36 state governors will take place. Members of the military community can participate in these elections by using an absentee ballot.

"Our government has made it easy on us to work overseas and still play an important role in electing those who lead us," said Maj. Elizabeth Watson, RAF Lakenheath voting officer. "Every Airman should take the time to contact their unit voting representative and fill out an absentee ballot. This will ensure we are all playing an active role in democracy."

The Uniform and Overseas Citizens Absentee Voting Act ensures U.S. citizens, 18 years and older who live outside the U.S., are eligible to vote. Individuals interested in voting must fill out a form SF 76, Federal Post Card Application. This notifies voting officials of a potential voter's new overseas address and enables the person to receive an absentee ballot.

Brig. Gen. Robert P. Steel, 48th Fighter Wing commander, said he encourages everyone to take advantage of this right.

"We are stationed all over the world to ensure our nation's freedom and democracy," he said. "No matter what your work schedule is, I encourage each Airman to get out and vote. This right to elect government officials is core to our freedom."

Each unit voting assistance officer is trained and ready to help Airmen register and make each vote count. Unit support staffs can provide contact information for the unit voting representative. A link on the 48FW.com Web site provides voting information, as well as the calendar of upcoming elections and absentee ballot applications.

cations.

For more information, e-mail vote@lakenheath.af.mil or call the Voting Hotline at 226-9376.

Why should you vote?

According to the Florida Atlantic University Web site, www.fau.edu, the outcome of many elections has been determined by very few votes. Individuals should consider the following when deciding whether or not to vote;

☑ After the outcome of the 1824 presidential election between John Quincy Adams and Andrew Jackson was in question, one vote delivered the Electoral College to Adams.

☑ Texas was admitted as the 28th state in 1845 by just one vote.

☑ When President James K. Polk asked the U.S. Senate for a Declaration of War against Mexico in 1846, the Senate sent the country to war by just one vote.

☑ Alaska gained statehood in 1867 by one vote.

☑ President Andrew Johnson was saved from impeachment by just one vote in the U.S. Senate in 1868.

☑ The special commission convened to determine the outcome of the contested Electoral College in 1876 gave the presidency to Rutherford B. Hayes by just one vote.

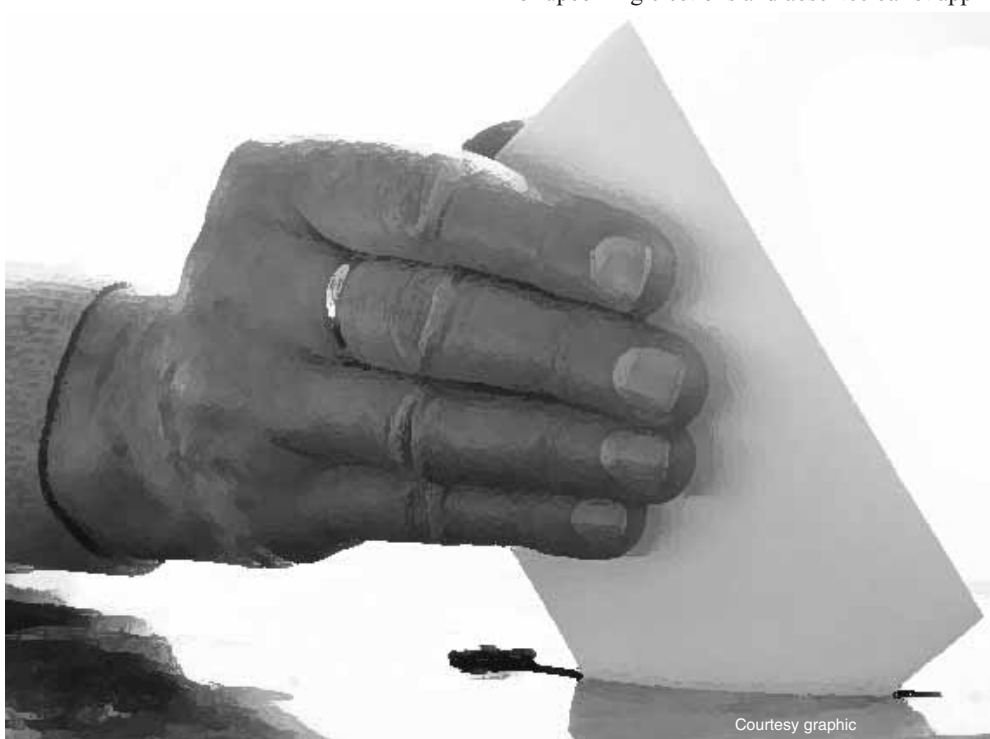
☑ One vote in 1920 gave women the right to vote.

☑ One vote made Adolph Hitler the leader of Germany's Nazi Party.

☑ Had one vote in each precinct in California and Ohio gone to Thomas E. Dewey rather than Harry S. Truman, Truman would have lost the 1948 presidential election.

☑ John F. Kennedy defeated Richard Nixon in 1960 by a margin of less than one vote per precinct nationwide.

☑ Only 537 votes in Florida decided the outcome of the 2000 presidential election.



Courtesy graphic

Liberty receives visit by Secretary

Airmen's call provides opportunity to recognize award recipient, inquire about Air Force's future



Photos by Senior Airman Vanessa Young

Master Sgt. Joseph Hrezo, Jr., 48th Civil Engineer Squadron, is presented with a Bronze Star by the Secretary of the Air Force, Michael W. Wynne.

BY STAFF SGT. NICHOLASA REED

48TH FIGHTER WING PUBLIC AFFAIRS

A visit by Secretary of the Air Force Michael W. Wynne Wednesday offered the Liberty Wing an opportunity to shine.

During an Airmen's call the secretary presented Master Sgt. Joseph Hrezo, Jr., 48th Civil Engineer Squadron, with a Bronze Star for his service while deployed in support of Operation Iraqi Freedom.

Secretary Wynne shared some of his observations of the base and the personnel assigned here.

"It is only fitting to have these three F-15 Eagles in this hanger with us today," the secretary said. "They symbolize what this wing and it's people are all about -- joint strike, agility and persistence."

Secretary Wynne attributed the many recent successes of the wing to the professional warriors who call RAF Lakenheath home; those achievements include being the first active-duty unit to drop the Joint Direct Attack Munition, participating in regular humanitarian missions and receiving numerous excellence awards.

"It takes a team to make these things happen," he said.

The call also provided the secretary an opportunity to share his vision of where the Air Force is headed and answer questions from the audience.

Maj. Kevin Sampels, 48th Logistics Readiness Squadron commander, asked if there was an end date for the recent Army augmentation many Airmen are being tasked for.

The services are reviewing possible scenarios, said Secretary Wynne, however it is obvious that Airmen are learning a lot from the experience.

"...as our Airmen don't like to be shot at, they are bringing differences in technology. Technology that is spreading throughout the other services."

Secretary Wynne said he believed this would strengthen the military's forward reach capability.

The secretary's visit to RAF Lakenheath came on the heel of a United Kingdom tour, which included stops at RAF Mildenhall, Farnborough and RAF Fairford Royal International Airshow Tattoo.



By Tech. Sgt. Sabrina Johnson

Secretary of the Air Force Michael W. Wynne speaks to Airmen Wednesday at an Airmen's Call. His visit came on the heel of a United Kingdom tour, which included stops at RAF Mildenhall, Farnborough and RAF Fairford Royal International Airshow Tattoo.

Air Force readies for Lebanon evacuations

SAN ANTONIO -- Airmen are ready world wide to fly in at a moment's notice to help with the evacuation of Americans fleeing the chaos in Lebanon.

Members of the 352nd Special Operations Group from RAF Mildenhall, England, are already enroute, while a group of Airmen from one of three contingency response groups at McGuire Air Force Base, N.J., is ready to deploy where needed -- if needed, a base spokesman said. Most of the Airmen are at home with their families awaiting the orders to go, he said.

"They're all on telephone standby and can be ready to launch at a moment's notice," the spokesperson said. "If called, they should be at their location within the next 24 hours."

The group's equipment is packed "and sitting on the tarmac" on the base flightline ready for quick upload into transport aircraft, he said. The base has C-17 Globemaster III aircraft that, with aerial refueling, can fly from the East Coast base directly to most locations in the Middle East.

At the Pentagon, Air Force spokesperson Maj. Brenda Campbell said there is no final word yet on where the group will go.

But it is likely the rapid-response group will deploy to the Mediterranean island of Cyprus. The U.S. military has already sent a communications team to Cyprus, a U.S. Central Command official said, and aircraft from the 352nd SOG are already in Cyprus planning for the orderly assistance of American citizens wishing to depart Lebanon, according to U.S. European Command.

Other nations are using Cyprus as the drop off point for evacuees, and ships chartered by the United States and other nations have already taken several hundred Americans to the island.

American embassy officials in Lebanon said



they expect about 5,000 of the more than 25,000 Americans in the country will want to leave.

The evacuation of foreign nationals from Lebanon's under-fire capital of Beirut has been ongoing for several days. People started fleeing the country as soon as Israeli jets flew air strikes against locations in Lebanon aimed at quelling Hezbollah rocket fire into Israel and demanded the return of Israeli soldiers captured by the militant group.

At this time, the Air Force response is to facilitate the evacuation of noncombatants from the country, Major Campbell said. She said Central Command will direct all U.S. military

operations during the evacuation. The military response is part of the larger Department of Defense support to the U.S. State Department.

"We're still working the details on how we will get Americans out of the country," the major said. "And, for now, that's all we have planned."

Contingency response groups are well suited for such operations. These are rapid-reaction units that fly into a location to set up all facets of airfield operations. Used for contingency and humanitarian operations, groups have Airmen from a host of critical specialties that can land and jump-start operations.

(Article courtesy of Air Force Print News)

101 Critical Days of Summer

46 Days to go --

Motorcyclists must properly wear all protective safety and visibility gear. This includes a helmet, gloves, sturdy footwear, long pants and sleeved shirt with a reflective vest or jacket.

Military members are required to attend a motorcycle safety foundation class every three years.

Information provided by the 48 Fighter Wing Safety Office

Graphic by Staff Sgt. Nicholasa Reed



Photo by Airman 1st Class Michael Hess

A Marine Corps V-22 Osprey flies Tuesday at the Farnborough air show. The aircraft was also present at the RAF Fairford Royal International Air Tattoo Saturday.



Photo by Capt. Beth Horine

A decorated Pakistani Air Force C-130 Hercules displays a thank you message to the world for the global support received during Pakistan's 2005 earthquake. PAF aircrew displayed the artistic aircraft at the RIAT July 14.



Photo by Capt. Beth Horine

Aircrew members with a KC-135 Stratotanker from Travis AFB, Wash., prepare the jet for static display at RAF Fairford July 14. The aircraft supported the U.S. Air Force presence at the RIAT.



Photo by Capt. Beth Horine

British military members stand outside an Royal Air Force Chinook HC2 helicopter on static display July 14 at RAF Fairford's RIAT.



Photo by Capt. Beth Horine

Capt. Jeffrey Needles from the 494th Fighter Squadron answers Royal Air Force cadets' questions about the F-15E Strike Eagle static display July 14 at the Royal International Air Tattoo at RAF Fairford. The RIAT gave military and civilian operators the opportunity to demonstrate 21st century airpower effectiveness.

Lakenheath takes part in season of flight

BY AIRMAN 1ST CLASS MICHAEL HESS

EDITOR

FARNBOROUGH, England -- Monday doors open at the Farnborough International Air Show southwest of London, a showcase of airpower interoperability and military might.

Aircrew from the 48th Fighter Wing at RAF Lakenheath displayed F-15s in the U.S. Department of Defense section of the giant aircraft viewing area as part of the week-long event.

The air show offered spectators and vendors a view of DoD aircraft including a Navy F/A-18 Hornet, F-16 Falcon, C-17A Globemaster III, C-130J Hercules, Marine V-22 Osprey and an Army UH-60 Black Hawk. Additionally, a B-1B Lancer made several fly-bys throughout the week.

Just days before at RAF Fairford, the Royal International Air Tattoo gave military and civilian operators the opportunity to demonstrate 21st century airpower effectiveness. Unlike RIAT, the primary purpose of the Farnborough airshow is to promote the standardization and interoperability of equipment with NATO allies and other potential coalition partners. It also highlights the strength of the U.S. commitment to the security of Europe and demonstrates U.S. industry's progress in producing equipment critical to the success of current and future military operations.

"The air show is one of the premier events of its type in the world," said Lt. Col. Rob Soule, a pilot assigned to the 20th Bomber Squadron, Dyess Air Force Base, Texas.

Monday through Thursday, businesspeople and tourists ventured in and out of the massive shelters packed with air-

craft and manufacturer booths and viewed military static displays and aerial demonstrations.

"Most of the questions have been from businessmen asking about what type of missions we fly and the differences between the C- and E-model," said Capt. Brad Huebinger, a pilot assigned to the 493rd Fighter Squadron, who spent the week briefing interested visitors about the capabilities of the F-15C.

Visitors to the show included the Secretary of the Air Force Michael W. Wynne, Air Force Chief of Staff Gen. Michael T. Moseley, Florida Governor Jeb Bush, retired Col. and U.S. astronaut Buzz Aldrin and U.S. Ambassador to England Michael Tuttle.

Tomorrow, businessmen mingling between the displays on the Farnborough ramp will be replaced with families and children as the show changes gears to please the eyes of show-goers.



Ben Rushford, 48th Security Forces Squadron second baseman, makes the tag on Joel Rivera, 100th SFS shortstop, as he slides into base here July 13. The 48th SFS beat the 100th SFS 22-21. This was the first ever match up of these two teams.

BATTLE OF THE BASES

48th Security Forces Squadron takes on 100th SFS

STORY AND PHOTOS BY
SENIOR AIRMAN VANESSA YOUNG

48TH FIGHTER WING PUBLIC AFFAIRS

With two outs and the tying run on third base, 48th Security Forces Squadron's right fielder, Vincent Deramus, hit a game-winning home run that not only sealed the 22-21 victory for the 48th SFS, but also granted them bragging rights in the first ever match against the 100th Security Forces Squadron, RAF Mildenhall team July 13.

The Mildenhall cops could only watch as their

10-run lead held seven minutes prior was shattered at the crack of a bat.

"Every ballplayer dreams of hitting the winning home run with time running out at the end of the game," said Stacey Moore, 100th SFS. "The only bad part is they were on the side we all dream of, we were on the side nightmares are made of."

Due to construction on Mildenhall's softball fields, the match up between the two cop teams was unprecedented and highly anticipated.

"Our expectations for this game were very high," said Brandon Hoosier, 48th SFS third baseman. "A grudge match of this magnitude rarely takes place, and I knew it would definitely be the most talked about game of the season."

The Lakenheath cops dominated the first few innings scoring a combined 12 runs compared to Mildenhall's four runs. Mildenhall's cops rallied back in the fifth inning with 12 runs to take the lead, 21-12.

Heading into the fifth inning, the Lakenheath cops were faced with a 10-run deficit and only seven minutes left to play.

"Going into the last inning we knew we had to stay focused," said Hoosier. "It is definitely

a hitter's game; we knew it was now or never."

The Lakenheath cop line up came through with big hits including a two-run double by Hoosier and a triple by Chris Koscinski that put him in position to walk across the plate after Deramus' home run.

According to Deramus, the home run redeemed him from a rough performance on defense.

"It felt overwhelming hitting the game winning home run," said Deramus. "The whole game I was upset with myself because of my performance in the field, but once I hit that ball nothing mattered besides the fact that we just beat the Mildenhall cops."



Vincent Deramus, 48th SFS right fielder, receives congratulations from teammates after hitting the game-winning home run.



Matthew Betterton, 48th SFS left fielder, gets set to run to third base during the 48th SFS vs. 100th SFS match up here July 13.

Flight surgeons, medical techs kick it up a notch during exercise

BY SENIOR AIRMAN ERIC DONNER

48TH FIGHTER WING PUBLIC AFFAIRS

GRAF IGNATIEVO AIR BASE, Bulgaria – While at home station or at a deployed location, the goal of a flight surgeon or independent duty medical technician is to keep Airmen healthy.

More than 200 Airmen from RAF Lakenheath deployed here for a tri-lateral exercise Immediate Response 2006 and rely on the flight surgeon and IDMT to care for their injuries while they complete their mission. In order for a training exercise to run smoothly, all individuals involved must remain a fit force.

The job of the medical team while deployed differs from home-base operations, but the standards of health care remains the same. Flight surgeons, or “flight docs,” take care of both fliers and non-fliers, and their families, at home station, whereas deployed their focus is on the Airmen launching the missions.

“We try to build a rapport with Airmen and their families so they feel comfortable talking to us in case they need a doctor,” said Maj. Lee W. Janson, 492nd Fighter Squadron medical element flight surgeon.

When a squadron deploys, it does not leave home without their

medical team. During the temporary duty assignments, the medical team’s mission includes medical care and public health for deployed Airmen.

The medical team conducts inspections at facilities used by Airmen at deployed locations. They also inspect hotels, restaurants and other facilities for sanitation and cleanliness.

“The restaurants usually comply once we identify ourselves,” said Major Janson. “They know that our recommendation will bring in business from the TDY Airmen.”

Local restaurants that pass the inspection are put on a list and recommended to the deployed troops.

At home, the flight surgeons and IDMTs spend time in a clinical environment seeing all dependent and direct flying support personnel. Along with the clinic work, they also conduct public health, hazardous material and work area inspections to ensure a healthy and safe work atmosphere.

Flight surgeons, while not pilots, because of their specialized mission, are required to meet minimal flying hours.

“Flying with the pilots gives us a feel for what they are going through,” said Major Janson. “It also makes it easier for the pilots and the weapons system officers to come to us with problems.”

Kitchen fires: Everyone susceptible

BY WILLIAM DODSON

RAF LAKENHEATH FIRE PREVENTION OFFICE

Team Liberty recently experienced three unattended cooking fires in Anglo Housing. Each incident occurred within two and a half months. Fortunately, no one has been killed or seriously injured in these mishaps.

The common denominator in each situation remains the same, occupants left items on top of the range while they tended to other chores. Each tenant returned in time to catch the fire before catastrophic damage was made to their house or took their lives.

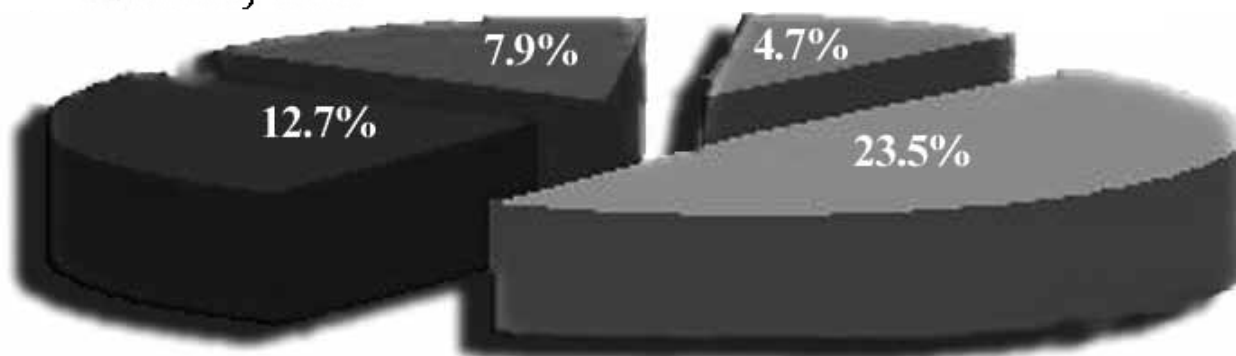
For fire prevention tips or more information, contact the RAF Lakenheath fire prevention office at 226-4205.

Majority fire related deaths occur at home

Residential fires represent 22 percent of all fires and 74 percent of structure fires according to the National Fire Protection Association.

Fires in one and two family homes most often start in the following places:

- Kitchen
- Bedroom
- Living Room
- Laundry Area





Discover Britain

By Sal Davidson - Community Relations Adviser



Great Britain – Good Value

Whether you want to watch a Shakespeare play, see some of the world's finest works of art, visit a clutch of historic houses, castles and gardens or travel around Britain for a fortnight soaking up the atmosphere, there are ways to do it all that won't break your budget.

It is possible to spend a fortune on a trip in Britain but it doesn't have to be that way. In fact, you may be surprised to find how many top attractions, particularly in the cities, are free to visit. With a little bit of planning it is possible to get excellent value for your hard-earned money. Whatever your taste – whether it's museums or galleries, grand historic houses or simply sightseeing – here are some ideas for seeing Britain on a budget.

1. Enjoy London's free attractions - the capital has some of Europe's best museums and galleries filled with priceless treasures and intriguing art in landmark buildings both old and new. Among those that offer free admission (except for special exhibitions) are the National Gallery, the British Museum, Tate Modern, Tate Britain and the National Portrait Gallery. In South Kensington are the Victoria and Albert, the Science and Natural History Museums, while Thames-side Greenwich has the National Maritime Museum. For more information, visit www.visitlondon.com/city_guide/budget/free_museums.html.

2. Buy theatre tickets for half-price Theatre-lovers should head to the ticket booth in Leicester Square or Canary Wharf, which have seats for many West End productions available on the day of performance at half the box office price. For more information, visit www.officallondontheatre.co.uk/tkts.

3. Get around London with a Travelcard To get about, the smart visitor buys a one-day travel card from Underground stations. They cost from £4.90 for a day of travel around London after 9:30 a.m. on the bus, Underground and Docklands Light Railway.

4. Get a pass to Britain's heritage -The Great British Heritage Pass provides unlimited entry to almost 600 castles, stately homes and gardens all over the country. There are four, seven, 15 and 30-day options, all offer-

ing considerable savings if you plan to visit several properties. For more information, visit www.gbheritagepass.com.

5. Stay on campus - The country's colleges and universities have accommodations in student halls, hostels, college or university-owned lodgings during the summer. These are often centrally located and comfortable, but don't expect hotel-type facilities. For more information, visit www.venuemasters.com.

"It is possible to spend a fortune on a trip in Britain but it doesn't have to be that way. In fact, you may be surprised to find how many top attractions, particularly in the cities, are free to visit."

6. Visit a pub - Pubs are places in which you can meet the locals and enjoy good food and drinks, in a friendly, informal setting. Pubs are found everywhere.

7. Cruise the Thames - The River Thames now offers a practical addition to the Capital's Underground and Red Bus Networks for sightseers in central London. Two new boat services have been launched by Thames Clippers and offer a new 'hop-on, hop-off' ticket for the River Roamer. The services complement the 'Tate to Tate' boat which links the Tate Modern and Tate Britain art galleries. The network has been rebranded as 'The Riverline' and its network map bears more than a passing similarity to the famous Underground map. London Travelcard holders qualify for a discount. For more information, visit www.thamesclippers.com.

8. Walk London - London's first Walking Pass gives visitors five guided walking tours of the capital for £12. Valid for two days, pass holders are led on themes including the Da Vinci Code, James Bond movie locations and 'Ghosts by Gaslight.' The cost is £20 to book. For more information, call 020 7233 7797 or visit www.bigbustours.com.

9. Watch a Shakespeare play for £5

Groundling tickets are available for accurate replica of Shakespeare's original Elizabethan Globe Theatre on the South Bank of the Thames near Southwark Bridge. Groundling tickets mean you will stand throughout the performance, but you are amongst the action at the front of the stage. The season runs from May 5 through October 8. For more information, visit www.shakespearesglobe.com.

10. Stroll the Avenue of the Stars - Britain's answer to Hollywood's Walk of Fame is being created in London's Covent Garden. One hundred stars of stage, screen and television are being immortalised on the Avenue of Stars. The first recipients, including Sir Laurence Olivier, Alec Guinness, Charlie Chaplin, Alfred Hitchcock and Rex Harrison, are represented by silver stars in the walkway, situated outside St. Paul's and the Actors' Church in Covent Garden. Admission is free.

11. Overnight in a youth hostel - There are more than 200 hostels with excellent facilities in the towns, cities and countryside of England and Wales. All age groups are welcome and membership is not required. Prices start at £15 per person in London or £11 in the countryside. The chance to meet other travellers also makes them a good choice. For more information, visit www.yha.org.uk.

12. Buy a discount pass - Many of the major cities sell a pass that gives entry to attractions, discounts at restaurants, theatres and tours and sometimes free use of public transport for one payment. It also helps you jump the admission queues. Look out for the London, Edinburgh and York passes and Cardiff Welcome Card. For more information, visit www.leisurepassgroup.com.

13. Take a two-for-one - Two people can get entrance to attractions for the price of one, or two night's hotel accommodation for the price of one, using a dedicated website. There are conditions attached, such as travelling by train, but substantial savings are possible. For more information, visit www.2for1entry.co.uk.

I trust this has given you some ideas as to the best way to make your vacation money stretch whilst exploring the U.K.

Information supplied by the Web site www.visitbritain.com



Briefs

Children's theater

The youth and community programs will host the Missoula Children's Theater production of Red Riding Hood at the youth center at 5 p.m., July 22. For more information, call 226-KIDS.

Passport office

Personnel needing to submit their visa applications to the British home office may submit them to the base passport office by July 24.

Applications should be accompanied by a 500 pound cashiers draft made out to Home Office Leave to Remain. The completed visas will be available for pick up July 28. For more information, call the passport office at 226-2303.

PWOC picnic

Lakenheath Protestant Women of the Chapel will host a picnic at 11 a.m., July 26 at Liberty Park for women interested in joining the group. For more information, call Peggy Alsplugh at (01638) 717 185.

Health care council

The 48th Medical Group will hold a health care council meeting at 2 p.m., July 28 at the 48th Fighter Wing large conference room in Building 1085.

This is a forum to discuss various medical topics and issues.

The council is open to RAF Lakenheath and RAF Mildenhall communities and is a required meeting for unit health care monitors.

For more information, call Senior Master Sgt. David Marchant at 226-8321.

AFSA information booth

The RAF Lakenheath Air Force Sergeants Association Chapter 1669 will host an information booth from 9 a.m. until 4 p.m., July 29 at the base exchange.

Introductory U.K. class

An introductory class on U.K. culture will be 1 to 4 p.m., July 28 at RAF Mildenhall. The class helps introduce newcomers to U.K. culture and traditions. Traditional tea, sausage rolls and other British snacks will be provided. For more information, call 226-3847.

Tax office closure

The RAF Lakenheath tax office will close from Aug. 1 until Nov. 15. Tax assistance will be handled on a case-by-case basis during the closure time. The tax office hours until it closes are Monday through Thursday, 8:30 a.m. until 4 p.m. For questions, call the legal office at 226-3553.

Career field lecturer

Chief Master Sgt. Robert Hartwell, the strategic debriefer linguist functional manager will brief about jobs in the career field 8 a.m. Aug. 7 at the RAF Mildenhall Professional Development Center. For more information, call Master Sgt. Matthew Becker or Tech. Sgt. Ed Purdy 238-3766.

Sports physicals

The pediatric clinic will conduct sports physicals for 4- to 18-year-old children from 1 until 5 p.m. Aug. 9. To schedule an appointment, call the Access to Care line at 226-8010.

Babysitter instructor training course

An American Red Cross babysitter's instructor training course is scheduled for Aug. 12 and 13.

The training course will provide instructor

candidates with the information and skills necessary to provide safe and responsible care for children.

This training will help instructor participants develop skills in leadership, professionalism, basic care, general safety and safe play techniques as well as first aid.

Applicants must be at least 18 years old. For more information, call the Red Cross at 226-1855.

SGLI premium increase

The Servicemembers' Group Life Insurance premium was increased recently from 6.5 cents per \$1,000 to 7 cents per \$1,000 of coverage.

This will increase the monthly premium rate for a member with maximum coverage of \$400,000 from \$27 to \$29.

The premium includes an additional \$1 per month for traumatic injury protection coverage, which is mandatory and added automatically. The Family SGLI premium rates decreased for all age brackets.

For more information, call Pauline Madison at 226-3070 or 226-5131.

Substitute teachers needed

The RAF Lakenheath Middle School is accepting applications for substitute teachers. Applicants with a Bachelor's Degree or higher and a background in education will receive consideration first. Applicant's work and life experiences are taken into consideration.

Applicants must be U.S. citizens to apply.

Substitute teachers and tutors do not lose military spouse preference but are not considered internal candidates with Department of Defense Schools.

For more information, call Joe Dorantes at (01638) 52 7008 or e-mail joe_dorantes@eu.odedodea.edu.

School Zone

Yearly registration information

Parents should register children at their respective school for the next school year as soon as possible.

Even if a child attended Department of Defense Dependent Schools last year, parents must register them again. Registration forms can be downloaded from www.lakenheath.af.mil/libertykids/register.htm.

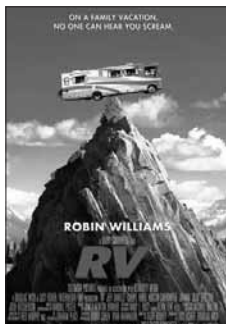
For more information, call Feltwell Elementary School at 226-7003, Lakenheath Elementary School at 226-3721, Liberty Intermediate School at 226-2258, Lakenheath Middle School at 226-2008 or Lakenheath High School at 226-3115.

MOVIES

RAF Lakenheath 226-2139

Today

6:30 p.m., RV, PG, starring Robin Williams and Cheryl Hines. An over-worked Bob Munro, his wife Jaime, their 15-year-old daughter Cassie and 12-year-old son Carl are in desperate need of some quality time together. After promising to take them on a family vacation in Hawaii, Bob abruptly changes plans without telling them. Instead of a week in a tropical paradise, they're going on a road trip to Colorado in a recreational vehicle. Dragging his wife and kids kicking and screaming into the RV, Bob's togetherness plan almost immediately hits a major speed bump. Everything that can go wrong, does. Bob's lame attempts to navigate the unwieldy, oversized vehicle are met with silence and scorn from his resentful family.



Courtesy graphics

9 p.m., RV, PG
Saturday

2:30 p.m., RV, PG

6:30 p.m., Poseidon, PG-13, starring Kurt Russell and Richard Dreyfuss. When a rogue wave capsizes a luxury cruise ship in the middle of the North Atlantic Ocean, a small group of survivors find themselves unlikely allies in a battle for their lives. Preferring to test the odds alone, career gambler John Dylan ignores captain's orders to wait below for possible rescue and sets out to find his own way to safety.

9 p.m., Goal! The Dream Begins, PG, starring Kuno Becker and Stephen Dillane. As an underprivileged Mexican-American immigrant growing up in the poor section of Los Angeles, Santiago Munez seemed destined to follow his father's path in life: laboring at menial jobs to earn just enough money to support his family. Naturally gifted, his amazing talent on the soccer field was wasted in recreation league games while he could only dream of playing on the world stage of professional soccer.

Sunday

2:30 p.m., Pirates of the Caribbean: Dead Man's Chest, PG-13, starring Johnny Depp and Keira Knightley. Once again thrown into the world of the supernatural, Captain Jack Sparrow finds out that he owes a blood debt to the legendary Davey Jones, Captain of the ghostly Flying Dutchman. With time running out, Jack must find a way out of his debt or else be doomed to eternal damnation and servitude in the afterlife. And as if this weren't enough, the Captain's problems manage to wreck the wedding plans of a certain Will Turner and Elizabeth Swann, who are forced to join Jack on yet another misadventure.

6:30 p.m., Poseidon, PG-13

Monday

6:30 p.m., Pirates of the Caribbean: Dead Man's Chest, PG-13

Tuesday

6:30 p.m., Pirates of the Caribbean: Dead Man's Chest, PG-13

Wednesday

6:30 p.m., Pirates of the Caribbean: Dead Man's Chest, PG-13

Thursday

6:30 p.m., Goal! The Dream Begins, PG

RAF Mildenhall 238-4955

Friday

6:30 p.m., Superman Returns, PG-13, starring Brandon Routh and Kate Bosworth. Following a mysterious absence of several years, the Man of Steel, Superman, comes back to Earth—but things have changed. While an old enemy plots to render him powerless once and for all, Superman faces the heart-breaking realization that the woman he loves, Lois Lane, has moved on with her life. Or has she? Superman's bittersweet return challenges him to bridge the distance between them while finding a place in a society that has learned to survive without him.



9 p.m., RV, PG

Saturday

3:30 p.m., RV, PG

6:30 p.m., Superman Returns, PG-13

9 p.m., Poseidon, PG-13

Sunday

3:30 p.m., RV, PG

6:30 p.m., Superman Returns, PG-13

Monday

6:30 p.m., RV, PG

Tuesday

6:30 p.m., RV, PG

Wednesday

6:30 p.m., Poseidon, PG-13

Thursday

6:30 p.m., Pirates of the Caribbean: Dead Man's Chest, PG-13



Briefs

Guard vacancies

The Massachusetts Air National Guard has vacancies in many jobs. Residence is not a requirement.

For more information, call 1-800-247-9151 or e-mail recruiting@mabarn.ang.af.mil.

Holiday bazaar volunteers

Bakers and other volunteers are needed for the 2006 Lakenheath Holiday Bazaar in September.

For more information, call Merdith Colquitt at (01353) 661 293 or e-mail her at lakenheath_holiday_bazaar@yahoo.com.

Student dependent travel voucher

Servicemembers may fill out a dependent travel voucher at the finance office each time a student dependent moves in or out of the United Kingdom.

The information provided affects cost of living allowances and authorizes the one annual round-trip ticket for the dependent student between the duty location and the student's school location in the United States. For more information, call 226-1358.

School bus registration

Parents should register their children at the school bus office to ride the bus during the upcoming school year.

Prior to school, students are issued a bus pass. Students must possess a valid bus pass at all times to ride contract school buses.

For more information, call the Feltwell School bus office at 226-7332 or the Lakenheath School bus office at 226-6584.

Animal welfare officer

The animal welfare officer supports the East Anglia military community and handles concerns relating to pets.

The AWO can provide education aspects to owning a pet on a military installation and help with any concerns about laws in the United Kingdom including in and out processing procedures for animals.

For more information, call the pet welfare office at 226-5796, or visit the office in Building 977, Room 36.

Immunization requirements

The immunization requirements for school year 2006-2007 have changed.

Meningococcal, tetanus and acellular pertussis vaccines must be administered to 11- to 12-year-old children and unvaccinated 15-year-old high school students. If a vaccine is not available, a temporary waiver may be available.

For more information, call 226-2258.

LLEAP program

The LLEAP program is a cooperative effort of volunteers from the 48th Fighter Wing, Lakenheath High School and Lakenheath Middle School designed to encourage students to finish school and focus on future education and career goals. For more information, call LHS 226-3115.

Education

To contact the Education office on RAF Lakenheath, call 226-3851.

Graduate information session

The Universities of Phoenix and Oklahoma will be hosting a graduate information session from 4:30 to 5 p.m. July 19 at the education center. For more information, call 226-3125 or 6186.

Professional development center

The RAF Lakenheath Professional Development Center offers the following classes:

Today

Career choices – 8 a.m.

Command Chief's Perspective – 2 p.m.

Tuesday

Air Force Reserve/Palace Front and Chase – 8 a.m.

Wednesday

Awards and decorations – 6 p.m.

All classes are held in Building 948, Room 309. Classes are held on a first-come, first-serve basis. To register or view the PDC calendar, visit <https://lww/pdc/PDF/PDC/calendar1.htm>.

For more information, call Master Sgt. Kimberly Crawford at 226-2300 or e-mail kimberly.crawford@lakenheath.af.mil.